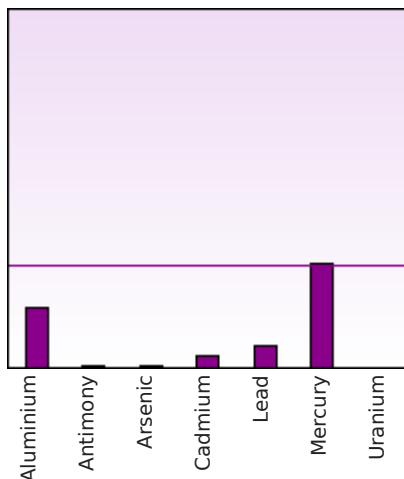


Hair Tissue Mineral Analysis

Patient ALL TYPES low toxic load
 DOB 31-Dec-1918
 Address 322-324 Canning Highway Bicton WA
 6157 AUSTRALIA
 Practitioner Mediscan ALL TYPES
 Collection Date 23-Sep-2017
 Report Date 24-Oct-2017



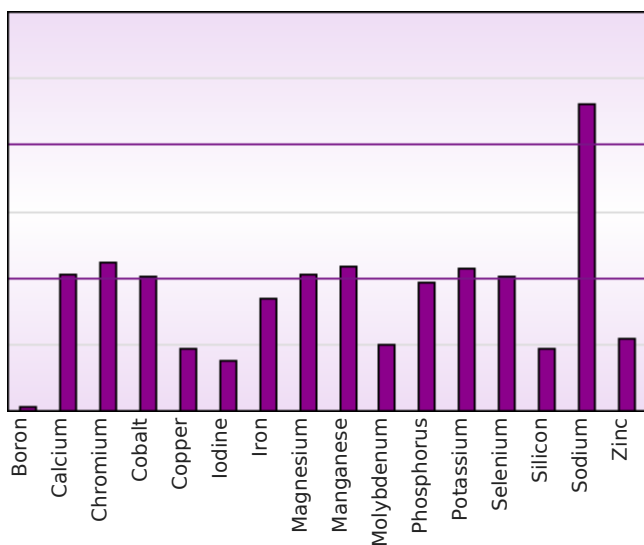
Toxic Elements



Toxic Elements

Element	Result	Reference
Aluminium	7	0 - 12
Antimony	0.004	0 - 0.2
Arsenic	0.005	0 - 0.2
Cadmium	0.014	0 - 0.12
Lead	0.692	0 - 3.3
Mercury	1.01	0 - 1.0
Uranium	0	0 - 0.2

Minerals



Minerals

Mineral	Result	Reference
Boron	0.01	0.3 - 3.5
Calcium	344	300 - 1800
Chromium	0.07	0.04 - 0.3
Cobalt	0.007	0.002 - 0.3
Copper	4.6	10 - 27
Iodine	0.11	0.3 - 3.5
Iron	5.1	6 - 14
Magnesium	22.1	20 - 100
Manganese	0.1	0.07 - 0.4
Molybdenum	0.01	0.02 - 0.3
Phosphorus	112	115 - 180
Potassium	22.9	10 - 200
Selenium	0.61	0.6 - 1.6
Silicon	31.9	70 - 550
Sodium	806.5	20 - 500
Zinc	78	145 - 220

Results are expressed in parts per million (ppm)
 Reference ranges and results © 2008-2017 Mediscan ABN: 4584 2507 179

Comments

The hair tissue mineral analysis has revealed excess in the following toxic elements:

- Mercury

With appropriate treatment, it is highly likely that the following toxic elements may appear in following hair tissue mineral analyses:

- Aluminium

Results suggest possible malabsorption and that one should consider Healthcare Practitioner advice to exclude causes such as Helicobacter pylori, Coeliac Disease, medications that reduce stomach acid, SIBO and parasites such as Blastocystis, Giardia and Dientamoeba.

Consider doing blood tests to exclude iron deficiency, as your tissue levels of iron are low. This may be due to poor dietary iron intake, blood loss or malabsorption possibly from Helicobacter pylori, Coeliac Disease, medications that reduce stomach acid, SIBO and parasites such as Blastocystis, Giardia and Dientamoeba. Supplementation should be on the advice of your Healthcare Practitioner.

Products

Once the cause of your malabsorption has been treated or at least excluded, the following products are recommended:

BLACKMORES:

Blackmores Bio C 1000mg 1 daily
Blackmores Recharge Liver Detox Powder 1 teaspoon in the morning (optional but will provide additional support)
Copper Plus (Trace Nutrients) 1 daily
Bioceuticals Iodine Forte Spray 1 spray daily (not recommended with autoimmune thyroid conditions such as Hashimoto's Disease)

Blackmores Zinvit 1 daily
Blackmores Selemite B 1 daily
Blackmores Hair, Skin and Nails 1 twice daily
MolyZinc (Trace Nutrients) 2 daily
Boron 3mg daily

BLACKMORES 'A':

Blackmores Bio C 1000mg 1 daily
Blackmores Recharge Liver Detox Powder 1 teaspoon in the morning (optional but will provide additional support)
Copper Plus (Trace Nutrients) 1 daily
Bioceuticals Iodine Forte Spray 1 spray daily (not recommended with autoimmune thyroid conditions such as Hashimoto's Disease)
Formula A (Zinc 25mg (as Picolinate), Selenium 100mcg (as Picolinate), Molybdenum 200mcg (as Picolinate), Silica 60mg) 1 in the morning
Boron 3mg daily

BIOCEUTICALS:

Bioceuticals Ultrapotent C Chewable Tablet 1 daily
Bioceuticals Liposomal Glutathione Pump 2 pumps into mouth on an empty stomach. Hold for 30-120 seconds between cheek and gum before swallowing (optional but will provide additional support)
Copper Plus (Trace Nutrients) 1 daily
Bioceuticals Iodine Forte Spray 1 spray daily (not recommended with autoimmune thyroid conditions such as Hashimoto's Disease)

Bioceuticals Zinc drops 15 drops daily
Bioceuticals Selenium drops 6 drops daily
Bioceuticals Silica Liquid 5mls daily
MolyZinc (Trace Nutrients) 2 daily
Boron 3mg daily

BIOCEUTICALS 'A':

Bioceuticals Ultrapotent C Chewable Tablet 1 daily

Bioceuticals Liposomal Glutathione Pump 2 pumps into mouth on an empty stomach. Hold for 30-120 seconds between cheek and gum before swallowing (optional but will provide additional support)

Copper Plus (Trace Nutrients) 1 daily

Bioceuticals Iodine Forte Spray 1 spray daily (not recommended with autoimmune thyroid conditions such as Hashimoto's Disease)

Formula A (Zinc 25mg (as Picolinate), Selenium 100mcg (as Picolinate), Molybdenum 200mcg (as Picolinate), Silica 60mg) 1 in the morning

Boron 3mg daily

GENERIC:

Vitamin C 1000mg daily

Liver Support such as N Acetyl Cysteine 500mg 1 daily (optional but will provide additional support)

Copper 2mg (as Gluconate) 1 daily

Potassium Iodide 300mcg 1 daily (not recommended with autoimmune thyroid conditions such as Hashimoto's Disease)

Zinc 25mg (as Picolinate) 1 daily

Selenium 100mcg (as Picolinate) 1 daily

Silica 60mg 1 daily

Molybdenum 200mcg (as Picolinate) 1 daily

Boron 3mg daily

CHURCHILL HEALTH CENTER:

Metagenics C-Ultrascorb 1 twice daily

BioMedica VegeNAC 1 at night (Optional but will provide additional support)

Trace Nutrients Copper Plus 1 daily

Pure Innovation Iodine 1 daily (not recommended with autoimmune thyroid conditions such as Hashimoto's Disease)

Metabolic Maintenance Zinc Plus 1 in the morning (Order from FXMed, New Zealand)

Bioceuticals Liquid Silica 10ms (2 teaspoons) daily

Boron 3mg daily

SOLGAR:

SOLGAR Ester C Plus 1000mg - 1 daily

SOLGAR GLUTATHIONE VEGETABLE CAPSULES 250mg - 1 capsule daily (optional but will provide additional support)

SOLGAR Chelated Copper (amino acid chelate) 2.5mg)- 1 daily

SOLGAR Atlantic Kelp (Iodine) 200mcg - 2 daily (not recommended with autoimmune thyroid conditions such as Hashimoto's Disease)

SOLGAR Zinc Picolinate 22 mg Tablets - 1 daily

SOLGAR Selenium 100 ug Tablets (Yeast-Free Selenium) - 1 daily

SOLGAR Oceanic Silica 25mg - 2 daily

SOLGAR CHELATED MOLYBDENUM (amino acid chelate) 150mcg - 2 daily

SOLGAR Multi-Chelated Boron Vegetable Capsules 3mg - 1 daily

It is advisable to reduce/remove exposure to any of the listed toxic elements (refer to Mediscan website for likely sources).

Disclaimer

Graphs, ratios and comparisons with reference ranges are provided for convenience only and should not be considered an interpretation of results or a diagnosis.

Diagnosis and Treatment should be based on the patient's full medical history.

Nutrients are recommended for an adult and not for children, pregnant or breastfeeding women.

If any side effects develop, stop the supplement(s) and consult your Healthcare Practitioner.

Please consult Healthcare Practitioner before starting a new medication or nutritional supplement.

We recommend a follow up test after 6-8 months.

Often there is an increase in the levels of toxic elements on the initial follow up hair analyses as the body now has the nutrients to remove them out of the tissues.

It will decrease once there is very little left in the tissues of the body.

Depending on the level of exposure, it can take anywhere from 6 months to a few years to remove the toxic elements to significantly lower levels.